PART 3 SERVICES: GENERAL PROVISIONS

3.1 Amount, Duration, and Scope of Services

The following services, as described on the following pages, will be provided to those determined to be eligible for Medicaid:

a)	Services	On-island	Off-island*
	-Inpatient Hospital	x	x
	-Outpatient Hospital	x	x
	-Other Laboratory and X-Ray	x	x
	-Nursing Facility		X
	-Early and Periodic Screening,		
	Diagnosis and Treatment	x	x
	-Physicians' Services	x	x ·
	+Clinic Services	х	x
	-Dental Services	x	x
	-Physical Therapy	x	x
	+-Prescribed Drugs & Eyeglasses	x	x
	+-Home Health Services		\mathbf{x}_{j}
	Transportation	х	х

^{*} Services provided off-island require <u>prior</u> authorization by the Medical Referral Committee.

⁺ Attachment 3.1-A specifies limitations for these services.

b) Definitions

As noted in the preceeding list and in the following description, some services are only provided off-island. For all of these services the following definitions apply:

- i) "Patient" means an individual receiving needed professional services which are directed by a licensed practitioner of the healing arts towards the maintenance, improvement, or protection of health, or lessening of illness, disability, or pain.
- ii) "Outpatient" means a patient who is receiving professional services at an organized medical facility, or distinct part of such a facility, which is not providing the patient with room and board and professional services on a continuous 24-hour-a-day basis.

Inpatient Services On and Off-Island

All acute inpatient services, other than services in an institution for tuberculosis or mental disease, that are furnished in a hospital for the professional care and treatment of patients on a continuous 24-hour-a-day basis:

- Acute Medical
- Acute Surgical
- Acute Pediatric
- Acute Obstetric/Gynocology
- Intensive Care

These services must be provided in a facility that is certified as a Medicare/Medicaid provider.

Outpatient Hospital Services On and Off-Island

Preventive, diagnostic, therapeutic, rehabilitative, or palliative services that are furnished on an outpatient basis by or under the direction of a physician or dentist in an institution that is licensed or formally approved as a hospital by an officially designated authority for State standard setting and meets the requirements for participation in Medicare.

On-island, these services will be provided through formally organized and regularly scheduled hospital outpatient clinics operated by the CNMI government. These clinics are as follows:

- i) General Medical Clinic
- ii) General Surgical Clinic
- iii) Pediatric Clinic
- iv) Obstetric/Gynecology Clinic
- v) Ear, Nose, and Throat Clinic

- vi) Eye Clinic
- vii) Dental Clinic
- viii) Emergency Room Clinic

Other Laboratory and X-Ray Services Off-Island

Other laboratory and X-ray services means professional and technical laboratory and radiological services that are ordered and provided by or under the direction of a physician or other licensed practitioner of the healing arts within the scope of his practice as defined by State law. Such services are provided in an office or similar facility other than a hospital outpatient department or clinic. They are provided by a laboratory that meets the requirments for participation in Medicare.

Nursing Facility (NF) Services Off-Island

NF services are provided to individuals age 21 or older, other than services in an institution for tuberculosis or mental disease. These services are needed on a daily basis and are required to be provided on an inpatient basis under 42 CFR Section 409.31-409.35 as post-hospital extended care services. NF services are provided by a facility or distinct part of a facility that is certified to meet the requirements for

participation in Medicare, and are ordered by and provided under the direction of a physician.

Farly and Periodic, Screening, Diagnosis and Treatment (ESPDT) Services

EPSDT services are screening and diagnostic services to determine physical or mental defects in recipients under age 21 and health care, treatment, and other measures to correct or ameliorate any defects and conditions discovered. These services are provided through the well-baby clinic, school health, and physical examination clinics.

Family Planning Services

Family planning services and supplies are provided to individuals of child-bearing age.

Physicians' Services On and Off-Island

Physicians' services are services provided within the scope of practice of medicine or osteopathy as defined by State law and by or under the personal supervision of an individual licensed under State law to practice medicine or osteopathy.

Home Health Services Off-Island

Home health services are services provided to a patient on orders from a physician as part of a written plan of care that the physician reviews every 60 days. Such services are provided in the patient's temporary residence while authorized for off-island care and as part of a post-hospital care program, before returning to his permanent residence, provided by his off-island physician and only as an alternative to more costly inpatient or skilled nursing services. These services include:

- i) Nursing services, as defined in the State Nursing Practice Act, that are provided on a part-time or intermittent basis by a public or private home health agency or organization which meets the requirements for participation in Medicare.
- ii) Home health aide services provided by a home health agency.
- iii) Medical supplies, equipment and appliances suitable for use in the patient's temporary off-island residence.
- iv) Physical therapy, occupational therapy, speech-therapy and audiology services provided by a home health agency or by a facility licensed by the state to provide medical rehabilitation services.

Clinic Services Off-Island

Preventive, diagnostic, therapeutic, rehabilitative or palliative nature services that are provided to outpatients by or under the direction of a physician or dentist by a facility that is not part of a hospital but is organized and operated to provide medical care to outpatients.

Dental Services On and Off-Island

- i) Diagnostic, preventive and corrrective procedures provided by or under the supervision of a dentist in the practice of dentistry, including treatment of:
 - the teeth and associated structures of the oral cavity;
 - disease, injury, or impairment that may affect the oral or general health of the recipient.
- ii) Dental services not provided are as follows:
 - Orthodontics
 - Prosthetics
 - Root Canal
 - Oral Surgery

Physical Therapy On and Off-Island

Services provided to a patient that are prescribed by a physician provided by or under the direction of a qualified physical therapist who is a graduate of a program of physical therapy approved by both the Council of Medical Education of the American Medical Association and the American Physical Therapy Association or its equivalent and licensed to practice by the State.

Prescribed Drugs On and Off-Island

"Prescribed Drugs" means simple or compound substances or mixtures of substances prescribed for the cure, mitigation, or prevention of disease, or for health maintenance that are prescribed by a physician or other licensed practitioner of the healing arts within the scope of his professional practice in accordance with the State Medical Practice Act. Such drugs must be dispensed by licensed, authorized pharmacists or practitioners on a written prescription that is recorded and maintained in the pharmacist's or practitioner's record in accordance with the State Medical Practice Act.

Transportation

Commonwealth Health Center and commercial air transportation to and from facilities outside the CNMI will be provided by the Medicaid Agency. Such airfare costs will be provided to patients and their escorts as authorized by the Medical Referral Committee in accordance with its policies and procedures for necessary medical care not available in the CNMI. Ground transportation will be provided by the Northern Marianas Liaison Office on Guam or Honolulu, or by a licensed ambulance service. Ambulance services within the CNMI are provided by the Department of Public Safety in cases of emergencies.

3.2 Coordination of Medicaid with Medicare Part B

The Medicaid agency makes the entire range of benefits under Part B of Title XVIII available as part of the plan to certain eligible individuals under a buy-in agreement, through payment of the premium charges on behalf of such individuals, by meeting all or part of the cost of the deductible cost sharing or similiar charges under Part B. Regulation requirements under 42 CFR 431.625 will be met.